

Permanent Reflections, LLC
Permanent Makeup Studio
Pre Appointment
Suggestions:

Before Brow Appointment:

Do not tweeze, wax, or dye eyebrows for 2 days prior to appointment.
Electrolysis should not be done for a week prior to appointment.
Draw on eyebrows to your liking, if you don't know how that is fine also.
Bring eyebrow pencil that you like, to color match.
If you've done glycolic peels, or natural peels you must wait 6 weeks before and after, a natural peel must wait 4 weeks before and after procedures.

Before Eyeliner Appointment:

If you wear contacts, bring your glasses to appointment and wear them 24 hours after appointment.
Have sunglasses available, eyes maybe light sensitive.
Do not dye or perm eyelashes 2 days prior to your appointment.
Do not use eyelash curler the day of your procedure.
If you have had any eye surgery, please contact your eye Dr for okay.

Before Any Lip Procedure (Liner or Full Lip Color):

If you get any cold sores, ever in your life you may need to get as anti viral prescription. Most get Valtrex, you will need a 7-10 day amount. You may also need a touch up, so get enough for the 1st and 2nd procedure. You will start them 2-3 days before procedure.
If you have had any type of lip surgery, consult with your Dr. about how long you should wait for permanent lip color.

Please arrive 15-20 minutes early to your scheduled appointment to fill out the necessary paperwork required for your procedure, and any questions to be answered before procedure.

Congratulations on your permanent makeup decision, you will be joining thousands of women who have taken the route to a consistent, and worry free appearance. And, you will be happier than you ever have been, and you don't have to worry about your makeup!

Thank you,
Carolyn Peiffer Owner/Technician
Permanent Reflections, LLC
Permanent Makeup Studio
4428 Excelsior Blvd., St Louis Park, MN 55416

Permanent Reflections, LLC
Permanent Makeup Studio
Post Appointment
Instructions

FOR ALL PROCEDURES:

(Eyebrows, Eyeliner, Mucosal Eyeliner, Lip Liner, Full Lip Color)

For 5 days following permanent makeup procedures:

- Wash face daily with soap and water, rinse and dry. Do this am/pm everyday.
- Apply Vaseline/Vitamin E ointment SPARINGLY am/pm, also during the day when it feels dry/itchy reapply ointment. Use cotton swab to apply.
- Do not PICK scabs, scabs will look like flaky mascara on your wash clothe, scabs are not big scabby scabs.
- Do not scrub, no cleaning with creams, or chemicals. Gently cleanse!
- So not let the shower beat on the area done, water can run over area.
- Do not soak in bath, swimming pool, hot tub. Or, swim in fresh, salt, or chlorinated pool.
- Do not do any glycolic peels, 6 weeks after procedure, and 6 weeks before any touch up procedure.
- So not expose to sun, OR tanning bed. Cover area, or use sun screen, not on eyeliner. Use sun block to prevent loss of color.
- DO NOT use mascara for 5 days, have a new tube of mascara after procedure. No eyelash curlers for 4 weeks after eyeliner procedure (Can pull all lashes out).
- To reduce swelling you can use ice SPARINGLY, for eyeliner you can use tea bags, (Lipton tea bags are best) Put them in ice water or 10-15 minutes, squeeze them out slightly, put on eyes. If your laying down put an ice cube on each tea bag. Make sure you put a old towel on each side of your head so tea won't stain anything . Leave them on for 10-20 minutes swelling will be almost gone.
- Any questions call me any time!

Failure to follow post-procedure instructions may cause loss of pigment, discoloration or infection. Remember, colors appear bolder, brighter and more sharply defined immediately following the procedure. As the healing progresses, color will soften. A touch-up procedure may or may not be necessary. Final results cannot be determined until healing is complete.

Touch up procedures must be made between 30-90 days following procedure date. You must wait 4-6 weeks to heal before touch up can be done. One touch per procedure is done for each procedure, if 90 days expires and a touch up is wanted, there is a cost of half the regular price. No exceptions!